

Dr. Rela Institute & Medical Centre is a multi-specialty quaternary care hospital located in Chennai, India.

The Institute is within the campus of Sree Balaji Medical College and Hospital, which is spread across 36 acres. It has 14 operating theatres with 450 beds, inclusive of 150 critical care beds.

The Institute is conveniently located 10 minutes from the Domestic and International Airport.

The hospital is designed to provide highly specialized care in various departments with a focus on multi-organ transplantation. Prof. Mohamed Rela, a world renowned surgeon in the field of Liver surgery and transplantation is the Chairman and Managing Director of the Institute.

In addition to quaternary & quality care, is also committed to provide day to day primary and secondary care to the local population, with facilities of international standards.

The Institute would provide comprehensive support to international patients travelling for medical treatment such as language assistance, stay, visa and travel.

24 Hr Emergency  **044-6666 7788**



DR. RELA INSTITUTE & MEDICAL CENTRE

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Department of
Obstetrics & Gynaecology

Vaccine

Vaccine

Receiving recommended vaccinations helps to keep women healthy through out their lives and can help to protect your baby if you are plan to become pregnant. At Dr. Rela Institute & Medical Centre, we offer three vaccines important to

The flu vaccine will protect you and, if you are pregnant or recently deliver, it will also protect your baby. It is recommended that everyone over the ages of 6 months should receive a flu vaccine every year. In addition, it is important for pregnant women to receive the vaccine to prevent serious complications from the flu and to protect your baby from the flu, since your baby will not be able to receive a flu vaccine for the first 6 months of life and also

The TDAP vaccine protects against tetanus, diphtheria, and pertussis. Pertussis, or whooping cough, is caused by a toxin-producing bacterium. These toxins primarily damage the lungs. People with pertussis usually have painful spasms of coughing. In some cases, the coughing can be so severe that people crack their ribs. Pertussis is highly contagious and is spread by coughing and sneezing. It is most severe in very young people under one year, but it can cause severe illness in everyone.

Babies cannot receive the vaccines that protect against pertussis until they are 2 months old, and they won't receive good protection until they have had booster doses several months later. The CDC recommends vaccinating people around these infants to protect them from disease. People who should get the flu and whooping cough (Tdap) vaccines

- Pregnant women
- Parents, grandparents, and household members including brothers and sisters
- Babysitters and caregivers including daycare workers
- Health care personnel in hospitals and clinics
- Any loved ones who are in close contact with an

Genital human papillomavirus (HPV) is the most common sexually transmitted infection (STI). There are more than 40 types of HPV that can infect the genital areas of males and females. These HPV types can also infect the mouth and throat. HPV is the main cause of cervical cancer. At least half of sexually active people will have HPV at some point in their lives. 95% of cervical cancer cases are caused by HPV.

Four types of HPV can be prevented by the Gardasil® vaccine, offered at the Dr. Rela Institute & Medical Centre. The vaccine prevents against the strains that cause approximately 70% of abnormal changes in the cells of the cervix, leading to cervical cancer. It also protects against 2 strains that cause genital warts. Three doses of the vaccine are needed in order for the vaccine to provide full protection. The vaccine protects best when given before a person is sexually active, therefore it is recommended for ages 11-13. People 13-26 years of age should still get the vaccine series if they did not get it between the ages 11-13. The most common side effect is soreness where the shot was given. Gardasil® is given in three doses over 6 months. It is